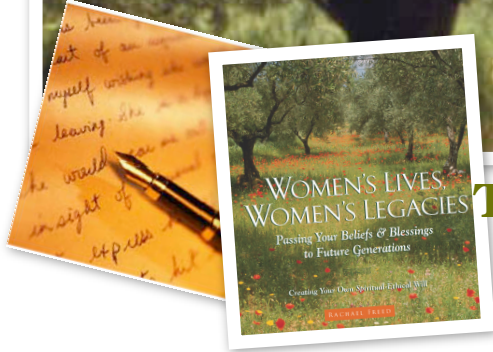


Mini-Retreat:

Legacy Writing

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Tuesday, January 31, 2012 9:30 am - 4:00 pm

Introduction to Contemporary Legacy Writing

Legacies are the evidence that we existed; we mattered; we made a difference. They are gifts to ourselves today, and to our families and communities tomorrow. Reflecting on, clarifying, and documenting a legacy is an important part of a life well lived. This mini-retreat promises to enrich the lives of our loved ones, link us to our history, and translate our hard-earned wisdom into blessings.

The purpose of legacy writing is to translate our life lessons, stories, and values into wisdom and action that can inform and transform future generations.

Workshop structure: We'll learn about the ancient tradition of the ethical will and use structured exercises and writings to explore its value in the 21st century. For ourselves, our families and loved ones, and to make a positive difference for those who come after us.

Join us: Writers of all levels are welcome. This personal program is appropriate for all writers, including professionals working in healthcare, estate planning, and religious institutions. A certificate of attendance can be provided. For more information about legacies and Rachael Freed, visit www.life-legacies.com

Where: 21299 Rockledge Lane, Boca Raton, FL 33428 (Marianne Altschul's)

When: Tuesday, January 31, 2012, 9:30 a.m. - 4:00 p.m.

To register: Print your registration and mail it with your deposit (\$40.00) to reserve your place. Mail bottom of this form with your deposit to:

Life Legacies/Rachael Freed

4820 Park Commons Drive, #241, Mpls. MN 55416.

Balance is due at the retreat. Fee for the day - \$75.00 (Lunch included)

Call Rachael with questions: 612-558-3331, visit www.life-legacies.com or email: rachael@life-legacies.com

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Name _____

Address _____

Phone _____ Cell _____

Email (please print) _____